Parish Pump

The next issue of the Parish Pump will be published in August 2025 Copy by 16th July 2025 by Email to:

broughtonparishpump@gmail.com

July 2025

Issue No. 314

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Enquiries: Tel 715221

The publication of advertisements in the Parish Pump does not imply endorsement of the products/services advertised. The producers of the newsletter accept no responsibility. The Parish Pump is unable to publish anonymous contributions. View the Pump online via village Facebook pages—broughton in furness community and broughton in furness locals.

OPEN SHOW
Saturday 30th August

Schedules out soon!!!

Why not enter our
Handicraft, Produce
or Horticultural Classes?

Handicraft and Produce
Closing Date Fri 15th August
Horticultural Classes
Enter on the day

--Enquiries to Penny Moreton 01229 771202
yrushmarathons@btinternet.com
Follow us on



A POST OFFICE FOR BROUGHTON?

Since the closure of Broughton Post Office was announced, a small group has been working hard to find a way for our community to retain an easily accessible and relatively frequent post office service.

The plan is to run a Post Office counter service in the Tourist Information Centre for 3½ days a week with two part-time staff. A community shop, tourist information and services, such as local event ticket sales, would also be provided using post office staff and volunteers. A lot has been achieved so far to make this possible. But we need support from local people to ensure it can really happen.

COMMUNITY MEETING
7 pm – Wednesday 2nd July – Victory Hall



Date for your diary:— Don't forget Charter Day is Friday 1st August 12 noon, Broughton Square



Broughton Mills, Woodland & Foxfield

The meeting on 4th June at Woodland Parish Room attracted 20 members. The minutes from the last meeting were approved and a number of future events were discussed.

We were joined tonight by Jo Horsley telling her story of being adopted as a baby. Jo told us that during Covid she did a lot of soul searching about her life, especially her childhood. She describes sitting on a big swing in the garden thinking about her childhood and adoptive background. She describes this as being like a message or a calling, a spiritual experience.

Aged 40yrs, she began to explore her story. This was with the help of 'Coram', the charity which carried on the work of the Thomas Coram Foundling Hospital, London's first home for abandoned babies. Over three centuries they cared for 25,000+ children, including Jo when her birth mother was unable to cope. In time, their records helped Jo's search. A further trigger was the national news at the time about the thousands of enforced adoptions that had happened, with mothers coerced into handing over their babies because they were not married. And the campaign for the Government to issue a formal apology.

Jo was adopted by a clergy family, who had five biological children, Jo and an adoptive brother Ziggy, 'a little ally, who had also arrived in a different way to the other children'. She recalls her father's bedtime story about a little girl in a purple dress, who she always knew was her. Her adoptive family were kind, loving, and supportive but Jo always felt different, separate, and in time wanted to know about her birth mother. Though this was not until after she was happily married, and after the tragic death of Ziggy. "That's when I needed to do it, and that's where Coram helped".

Jo told us of her search, the complex and painful details of her early life, all told without recrimination and with great positivity, even though there was no fairytale ending to the search for her mother. Her life has been full of incident, mini-traumas, hairraising episodes, but she is very matter-of-fact about her life and her choices. She has been a successful Nursery Nurse, travelled internationally with her husband, discovered new passions, and raised her family, eventually settling in Kendal.

Her book, 'The Girl in the Purple Dress', tells her story from growing up in Hertfordshire, throughout childhood, school, work, heartbreak and marriage. It also explores the history of forced adoptions and sounds to be a riveting read.

Jo said: "My message is really about how to always carry hope and the cards we're dealt with from birth don't need to define us, it's what we do with this that's the important thing". What an amazing journey Jo has had! Her talk was compelling and she was very warmly thanked. The evening was made extra special for us as Jo was accompanied by her adoptive mother Di, who was hearing her presentation for the first time.

We next meet on July 2nd, 7.30pm in Woodland Parish Room, when our speaker will be talking about 'The Canary Girls', the British women who worked in munitions factories in World War II. You would be most welcome to join us.

Pam Gillman

Ulpha & Seathwaite

A glorious evening and the valley was at its best, or it would be if one could negotiate the road closure signs, or indeed even make sense of 'diversion Ends' 'Road Closed' all within two metres! All this, whilst making for a scenic drive, did not deter our speaker Valerie Welti.

Valerie had come to talk to us about the Canary Girls, a term used for the women who worked during the two world wars in munitions factories using TNT and picric acid which turned their

skin yellow.

Valerie took us on a tour of the women who did this work and the bravery and comradeship that endured between them. The west coast of Cumbria and Scotland had a heavy presence of these factories. The Porridge Museum in Gretna Green celebrates and informs us about these courageous women. The devil's porridge was a term coined by Sir Conan Doyle to describe the paste made for the munitions in this factory, it was highly toxic and explosive. Gretna was at one time the largest munitions factory in the world -9x2 miles large and was built as a self contained town with schools pharmacies etc. within its confines.

Our tour of women and their war work was indeed very absorbing, and many of us learnt that some groups of women were conscripted, a fact I was unaware of! Although conditions for the 'munitionettes' improved from the First to Second World War, life was still grim and hazardous.

Amazingly there is no memorial to these women, and Valerie is part of a campaign to have them and their work recognised with a memorial at The National Memorial Arboretum. There is more information online about this campaign and it makes a very interesting read.

I am glad to report that Valerie's return journey involved much less stress and diversions.

If you are interested in joining us please come along on the second Tuesday of the month 7.30pm at The Browfoot Room, Ulpha you can be sure of a warm welcome. Do call first as June and July have special events not at the Browfoot.

Fiona Oliver 01229 716926

Millom and Broughton Agricultural Society

~"Grand Raffle"~

Tickets on sale now and on Show Day

Drawn at the Show on Saturday 30th August

Prizes include: £250 Cash Prize donated by CGP

Muncaster Castle Gardens and Estate Family Ticket Jenna Carpenter Photography - Photo Shoot Voucher Voucher for Roxy Cinema, Ulverston

Trackside Café/Restaurant, Millom - Sunday Lunch Voucher for Two

Tysons Butchers/ Grocers and Broughton Bakery Voucher
Prizes donated by Tynedale Agri/Retail &
The Bloom Room, Millom

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### For ticket sales and further info contact

Gill Browne 716748
Penny Moreton 771202
Emma Hatton 715092

gillbrowne55@googlemail.com yrushmarathons@btinternet.com emmahatton839@gmail.com

Tickets also available from Show Committee Members and other local outlets

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www.millomandbroughtonshow.com www.facebook.com/ millomandbroughton.agricultralshow.7

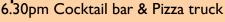


SUMMER PROGRAMME OF MUSIC INBROUGHTON

23rd July - Music in the Square Laurén & Evie 6.30pm Cocktail bar & Pizza truck

6th August - Music in the Old King's Head's beer garden 6.30pm **The Limestone Cowgirl**

20th August – Music in the Square Spindrift











OPEN GARDENS IN LADY HALL

12 August 1pm to 4pm

Entry and refreshments by donations to St Mary's Hospice and the Bethesda project, a partnership with Kepplewray supporting people with disabilities in Burundi.

> Parking and a plant stall will be available. Save this date in your diary!

PAT JORDAN and Finian's Rainbow



Saturday 26th July **Browfoot Room, Ulpha 7.15pm for 8pm**

TICKETS £12.50

Available from 01229 716854 (Stuart)

Ulpha Post Office, Browfoot Room: Thursday 1-3pm

Licenced Bar

Supporting the Great North Air Ambulance



Woodland Parish Room DUCK RACE

BARBEOUE

Friday 1st August 2025

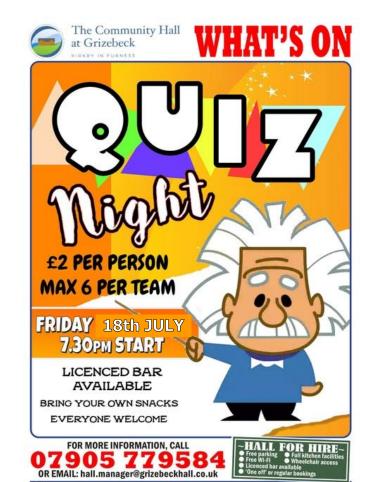
At 6.00pm

Burgers, hotdogs etc. To purchase



Tickets on sale from any committee member £1





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Painter & Decorator

Duddon Valley and Surrounds



Nick Sebley 01229 715021 nsebley@aol.com



Broughton Information Centre

We have lots of lovely gift ideas available, for all ages.

Come and visit us for information, leaflets, maps, timetables & friendly advice on the local area

We're staffed entirely by volunteers Please help keep this community resource running, if you feel able to offer any time at all as a volunteer,



could you please contact Elaine Knowles on the email below

www.lakedistrictinformation.com

OPEN THURSDAY—SATURDAY 10am—2pm Tell: 01229 716115

E-mail: broughtontic@btconnect.com



Come and Play Tennis

At Broughton Tennis Club (High Kepplewray) New Members and Visitors welcome

Please contact tennisbroughton@gmail.com or phone: 07855 235616 for more details

THURSDAY RUNNERS

We are a friendly and welcoming local running club that meets every Thursday 6.30-7.30pm in Broughton Park.



All welcome, regardless of ability.

No-one gets left behind, as we do various types of interval training in a small area and we all run at our own individual pace!

For more details, please contact Jackie on: **07598 746807**



10.15am Start at the Ski bar cafe, Port Haverigg Holiday Village, Steel Green, LA18 4LG.

DUDDON News

Thwaites Gala

Sustainable Duddon again attended this popular event. Thank you to



everyone who came and chatted to us.

It's great to see so many people interested in our environment and how we can make a difference. We also raised £71.55 for St. Mary's Hospice!

<u>Community Volunteers Lunch</u> We have mentioned before the MoRph courses run recently. On 1st June 11 volunteers completed a MoRph 10-10 surveys conducted at the same time on a stretch of river, in this case the Lower Duddon.



Following this, is a Community Lunch was held, for the surveyors and anyone else who wanted to find out about the work we do and volunteering opportunities. We were delighted at the turn out - a further

15+ people came to lunch! Our water quality monitors were demonstrated, and there were opportunities to discuss various projects including Himalayan Balsam Bashing, Dormice boxes,

Electrofishing, Bat surveys and more. If you are interested in taking part in any of these activities, or to find out more, please get in touch. Thanks to Futureproof Cumbria for donating funds for the Community lunch and Jackie & Nick Lancaster for providing a marvellous spread!



Community Orchard



Thanks to Roger Litherland who has made some super signs for the Community Orchard. In addition to the signs on both gates, and finger post from the railway line, we have another thanking all our supporters.

BEAT Route

What is **BEAT** Route?

and on horseback.

The Barrow to Esk Active travel project is seeking to establish a safe and family friendly traffic-free route for communities between Barrow and the Esk. The route will provide links for education, work, shopping, public transport, other services and leisure for travel by foot, bicycle, with wheels,



We are a community group working with local authorities, LDNPA, Sustrans and others to understand how best to work together with landowners to progress a route. All of these groups have plans at various stages of development to promote active travel in our area.

Why do we need a traffic free transport route?

The area between Barrow and the Esk faces several significant challenges. A traffic free transport route could contribute to addressing these issues by:

- Providing access to physical activity outside to improve the health and well-being of residents
- Reducing isolation of young people and others without cars from their communities and services
- Providing links to facilities and services that benefit residents, attract visitors, and provide opportunities for local businesses
- Reducing local transport costs, congestions and carbon footprint, while improving local air quality

X7 Bus **Service**



Coniston to **Barrow** via Broughton

Wednesday and Friday only

Outward

Coniston Crown 09.30 Broughton Square 10.00 Foxfield Station 10.04 Grizebeck 10.11 Kirkby in Furness 10.24 Ireleth 10.35 Askam 10.39 Barrow, Asda 10.57 Barrow, The Mall 11.03

Fridays Only

Barrow, The Mall 11.10 Rampside 11.23 Roa Island 11.27 Rampside 11.30 Barrow, The Mall 11.45

Return

Barrow, The Mall 13.15 Barrow, Asda 13.20 Askam 13.30 Ireleth 13.35 Kirkby in Furness 13.43 Grizebeck 13.50 Foxfield Station 13.55 Broughton Square 14.00 Coniston Crown 14.21

Fridays Only

Barrow, The Mall 12.45 Rampside 12.58 Roa Island 13.00 Rampside 13.03 Barrow, The Mall 13.10

Timetables are available from the Information Centre or various sources in Broughton. It can also be viewed online at: https://www.facebook.com/FriendsoftheX112

If you hold a NoW card you can use it on the bus, which means it costs you nothing. Otherwise a single fare is £2 under the present Government backed fares cap scheme.



How are we going to develop a route?

Our focus is on identifying and developing routes for community benefit in conjunction with landowners and other stakeholders. Priority sections of route for residents are being developed in order to build experience and support for the project team. There is funding available for the right project: from the Government for environmental stewardship, schemes that promote health and well being; from large local employers seeking to reduce commute traffic and promote healthy lifestyles; by growing the visitor economy.

Support us

Contact us on our e-mail address beatroute2@gmail.com for more information on how to:

- Become a member of our community group: the more members the stronger our voice
- Join or start a group looking at a section of the route (there are groups now for Millom to Silecroft, Askam to Kirkby) and we intend to set up a group looking at a route between Millom and Broughton
- Give us your views and suggestions by completing our survey
- Help us design a logo

As always get in touch for more information email sustainableduddon@gmail.com





Reg Charity Number 1208017



PARISH COUNCIL DROP IN

The Square Café

The next session will be Tuesday 8th July 2025 10.45-12noon

Charter Day
On Friday 1st August it will be Broughton in Furness Charter Day. Everyone is invited to the square where the town's charter will be read from the steps of the obelisk. This tradition has been taking place since 1593. Following the reading, pennies will be thrown for the local children to collect. There will be refreshments available from The Manor.

Please keep reporting potholes. This can be done by going to www.westmorlandandfurness.gov.uk and clicking on 'Streets, roads and pavements.' The more frequently they are reported, the better.

The Parish Clerk can be contacted at info@duddonparishclerk.org.uk

You can follow us on Facebook facebook.com/theduddonparishcouncil/



VICTORY HALL NEWS

/a<u>cancy</u>

The Victory Hall Committee is looking to employ a Secretary. The hours will be a minimum of 10 hours a month and will be paid at the National Minimum Wage. If this is something you are interested in please contact Isabel at address below

Opening Up

The Victory Hall is looking for a volunteer to open the hall every morning. Perhaps you live nearby or your daily dog walk passes the hall and you would like to help out. The responsibility is simply to unlock the door, there is nothing more to it.

If you would like to volunteer or require more information please get in touch with Isabel.

Isabel.longworth@duddonparishcouncil.org.uk



hall.manager@grizebeckhall.co.uk Flowerguild Contact Jeni or ring 07905 779584

Regular events

Table tennis Monday afternoon contact Rick Shaw 01229 889624

Pilates Monday evening contact Heidi 07519 395545

Yoga Tuesday evening contact Carol-Anne Barber 07505 500965

Whist Drive Every first and second Wednesday contact Michael Irving on 01229 889632 Sarson 01229 889685

Bowling Club Thursday afternoon contact Franek Rewaj 01229 889407

Craft Club the second Thursday of each month. For further details contact Ali Hooper 01229 889723

Surfers Group Assistance in navigating a computer Friday morning contact Franek Rewaj 01229 889407



VICTORY HALL WEEKLY EVENTS



Monday 4.45pm-5.45pm Rainbows RESUMES IN SEPTEMBER

ontact Angela York or Louise Huddleston for more info or register your daughter at

www.go.girlguiding.org.uk

WozFit

Monday 6.30pm-7.30pm Circuit Training £2 per session



Tuesday 7.15pm-9.15pm

Rankin Room **HOLBORN HILL ROYAL BRASS BAND**

Contact Ruth Hughes on 716659 Instruments can be provided

Wednesday 10am-12pm Pickleball £3.00 includes refreshments Contact Barbara 01229 869968



M: 07990327047 E: barbara.birch@hotmail.co.uk



Thursday 7.30 until 9pm

Badminton

Contact Andrew on 889429 or Graham on 716007

Friday 9.30-11.30

Broughton Under 5's Group

£2 for first child,

50p for additional children. Includes drinks → snacks broughtonunderfives@hotmail.co.uk





Friday 3pm-5pm Pickleball £3.00 see Wednesday for details



Friday 10.30am-11.30am Rankin Room Chair based activities to benefit your posture and physical condition



Booking of the Hall is exclusively on-line at: https://venuehire.scribeaccounts.com/Broughton-Furness-Victory-Hall

HALL HIRE FEES

The Main Hall £15 per hour. £12.50 per hour for regular group users.

Rankin Room £10 per hour. £9 per hour for regular group users.

Green Room

£10 per hour. £8 per hour for regular group users

Evening Function



CGP Duddon Parish Trust Fund

The fund is administered by members of the Duddon Parish Council

APPLYING FOR FUNDS

Representatives of local groups from within the Duddon Parish can apply for funding.

Application forms are available from the Tourist Information Centre, or you can download one from

www.duddonparishcouncil.org.uk

Send your completed form to the Trust Fund Clerk: Nigel Jones, either by email: cgptrustfund@gmail.com or post to: Stonegarth, Church Street. Broughton-in-Furness, LA20 6HJ

The next closing date for applications is 31st August 2025.

Summer Outdoor Theatre & Music Events

MUNCASTER CASTLE

Gates open 5.30pm: Performance 7pm **26 June**—Three Inch Fools - The Most Perilous
Comedie of Elizabeth I

20 July—Three Inch Fools—A Midsummer Night's Dream www.muncaster.co.uk/whatson

BRANTWOOD

Gates open 5.30pm: Performances 6.30pm
11 July—Illyria—Merry Wives of Windsor
22 July—Illyria—Wind in the Willows
www.brantwood.org.uk

FORD PARK

Open 6.30pm: Performance 7.30pm 25 July - As You Like It www.muncaster.co.uk/whatson

HAWKSHEAD CHURCH— Music for Summer's Evening

Tuesday 1st July 7:30 pm: Paul Gregson, Organ

Extravaganza Resident organist Paul entertains us once again with a lively evening of light-hearted music.

Tuesday 8th July 7:30 pm: The Dorian Players

A local group of musicians specialising in early music **Tuesday 15th July 7:30 pm: Ken Forster**, plano; Faye Bowness, soprano. Faye and Ken join forces to present a programme of songs by French composers.

Tuesday 22nd July 7:30 pm: Barrow Male Voice ChoirA group of men who sing traditional, classical and modern songs in four parts.

Tuesday 29th July 7:30 pm: Rombalds RecordersPerforming recorder music dating from the Renaissance

period to the present day.

Entry to the concerts is free but there will be a voluntary collection supporting the Church, local and national charities. Car Parking is also free for concert goers on the evening of each concert in the main village car park during July.

LAKE DISTRICT MUSIC FESTIVAL

1st-10th August see website for details www.ldsm.org.uk



Restoring Hardknott Forest Upcoming event.

Dry stone walling for beginners — Sunday 6th July: come and learn about the art of drystone walling with our experienced team.

Autumn Residential weekend -3rd - 5th October: Join us and stay in comfortable accommodation within Hardknott Forest for a weekend of volunteering.

The QR code will take you to our events booking page. Places are limited, so please book in advance or contact j.h.hodgson@leeds.ac.uk.



BROUGHTON FILM CLUB

Friday 18th July Rope

Alfred Hitchcock directs and James Stewart stars in this technically accomplished and gripping thriller about an audacious murder

7.30 pm Victory Hall

Tickets £5 (cash) • Doors open 7 pm • Bar Cinema-sized screen • Subtitles

Make it a special evening with our Film Club Meal Deal

6 pm at The Square Café - £20 for 2 courses + film Book Meal Deal on 716388 by Wednesday 16th July (vegetarian/vegan option available)

BSA and Lakeland Orienteering Club Family Event



Saturday 12th July 1.30pm onwards

Orienteering 1.30–3.30pm

Lots of different courses available for children and adults

Maze and games in the park BBQ from 3pm onwards

Come and join in the fun with the family

For more information check the LOC website: www.lakeland-orienteering.org.uk or contact Deb on 07870 65535

Shack Shed

THE CROSBY SNACK SHED

Selling hot and cold beverages, sandwiches, home-made cakes and local ice cream.

Open daily, weather permitting, until autumn.

THE CROSBY CAKE CUPBOARD

An honesty box with a selection of freshly baked home-made cakes and farm fresh eggs.

Stocked daily from spring until autumn



CROSBYTHWAITE FARM, ULPHA, LA20 6DY www.facebook.com/thecrosbycakecupboard

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July

July, fecund month of green, Flower beds overflowing. The trees now full of leaves, Everything is growing.

Days are long and nights are short, And temperatures quite high. A month of holidays and fetes, On that you can rely.

So, let's enjoy the games and fetes, It's good to meet one's friends. To socialise on the long days, Before the summer ends.

Barbara Rigg



DUDDON VALLEY LOCAL HISTORY GROUP

We often forget how many historic sites and significant events there are and have been just a few miles away from Broughton, but at the May meeting of the DVLHG, we welcomed the Revd. Dr. David Jackson, who reminded us of some of those in his talk, 'Swarthmoor Hall and its People". Swarthmoor Hall is situated on the outskirts of Ulverston, a 17th Century mansion and often described as the Cradle of Quakerism. It can be difficult to find but it is open to the public and well worth a visit. David took us on a fascinating journey as we were introduced to those fascinating people from long ago.

Talks programme: the remaining talk before our August break is:

23 July AGM to be followed by "George Romney: A Furness Prodigy in London", Dr David Cross.

There is then a break in August, with the autumn and winter programme beginning in September. In the next edition of the Pump we will set out the full programme for the 25/26 season.

Meetings are usually on the fourth Wednesday of the month.

All at 7.30pm in the Victory Hall.

Walks Programme: we also have a series of Walks which run through the year. Upcoming Walks include...

A stroll around Seathwaite to learn about the history of the village, its residents and visitors.

A Walk Across the Duddon Estuary (guided) from The Green to Kirkby.

A Walk to Woodland Church and Green Moor Farm to hear about forgotten stories of Broughton during the Great War A trip to the Duddon Iron Furnace and the Iron Foundry at Newland, near Ulverston.

Because of insurance limitations they are only open to members.

Details are circulated well in advance.

If you would like to join DVLHG, it costs £10 per year, guests are very welcome at the meetings (£2 per person).

Email the Secretary on sec@duddonhistory.org.uk.

You may also wish to visit our website www.duddonhistory.org.uk

Colin Robertshaw (Hon. Sec)



MESSAGE FROM OUR MP MICHELLE SCROGHAM

Parish Pump readers will know that our local rail services have needed improving for many years. The line is painfully slow and unreliable.

Getting the line upgraded is vital to unlocking the full potential of our area

So, I'm pleased to report that I've been working alongside other Cumbrian MPs to move forward plans for a major upgrade to our local railway line.

That's the service that runs from Lancaster to Barrow and serves our communities along the west coast of Cumbria right up to Carlisle.

We are now taking an updated business case to government ministers and with the support of Westmorland and Furness Council, Cumberland Council, the civil and nuclear defence industry and Team Barrow we will be strongly making the case for the importance of this investment to our area and the country.

I'll keep readers informed of developments.

Readers will also know that the west coast of Cumbria has a strong nuclear history and the importance of Sellafield cannot be overstated.

Labour is committed to investing in a nuclear future and the government has now confirmed that land at Moorside, near Sellafield, can be freed up and leased to pave the way for a new nuclear power plant.

I'm glad to support this clean energy development that will protect billpayers and promises to support new jobs and economic growth as part of the government's Plan for Change.

Chancellor Rachel Reeves gave our area a big shout from the dispatch box in the House of Commons when unveiling her spending review.

Just weeks after it was announced that the government is committed to building an additional 12 SSN-AUKUS submarines at BAE Systems shipyard, the chancellor said thousands of new jobs would be created and Barrow will play a major part in making our nation a defence industry superpower.

That bodes well for mproving our nation's defence in an increasingly unpredictable world and it also means long-term economic growth for our corner of the UK.

It was also a good spending review for our farmers, who'll benefit from more than £7bn investment over the next three years.

Funding for the Environmental Land Management Schemes paid to farmers will rocket by 150 per cent, from £800m in 23/24 to £2bn by 28/29.

I'll keep meeting with and listening to farmers in West Cumbria and making sure your views are heard by decision-makers in Westminster.

Into the optimistic mix may also be added Labour's pledge to almost double the spending on affordable housing. This will have positive bearing on the 800-plus houses that are earmarked for construction in Barrow as part of the area's transformation.



POST OFFICE SERVICES IN THE LOCALITY

Please see our website or ask at your local banking hub or branch for details of services provided.

www.postoffice.co.uk

- Grizebeck Service Station
 Tuesday from 9.30—12.30 & Thursday 9am—6pm
- Kirkby in Furness Community Centre, Beckside Court, Beckside, LA17 7TG

Thursday 10am—12noon

- Ulpha, Browfoot Room Thursday 1pm—3pm
- Millom Post Office, St George's Road, LA18 4JA
 Mon, Tues, Thurs & Fri 8.30am—5pm
 Wed & Sat 8.30—12.30
- Ulverston Post Office, County Square, LA12 7AA
 8.45am—5pm Monday—Friday, 8.45am—12pm Saturday
- Askam Post Office, 75 Duke Street, LA16 7AD 8.00am-9.00pm Monday-Sunday
- Coniston Post Office, Hills of Lakeland Spar, Broughton Road,
 LA21 8EN 7.00am-9.45pm Monday-Sunday

BANKING HUB

Cash and banking services in the heart of your community. We provide easy access to cash services, whoever you bank with.

1—3 New Market Street, Ulverston, LA12 7AQ
Opening Hours Monday Friday 9am—5pm

Community Banker Days:

- Monday NatWest
- Tuesday Lloyds
- Wednesday HSBC
- Thursday Santander
- Friday Barclays

Counter Services

- Withdraw and Deposit Cash (Notes & Coin)
- Deposit Cheques, Pay Utility Bills
- Check Account Balance
- Collect change (registered business customers)

Please do get in contact with me if there are any issues.

Email: michelle.scrogham.mp@parliament.uk

Telephone: 01229 343360 answered 9am to 5pm

Monday to Friday

WhatsApp: 07721 148088 - monitored 9am to 5pm

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Going forward, the group is now in need of a Co-ordinator for the annual activities.

Taking it on is an exciting opportunity for someone who wants to be part of a charity that organises campaigns for human rights and produces initiatives to lift people out of poverty.

If you would like to know more, please talk to Reverend Vic Sekasi or email her on tkbdchurches@gmail.com.



Making Money For Myanmar in 2025

Working in support of the Disasters Emergency Committee, the Christian Aid fund raising appeal was launched to provide vital life saving assistance to affected communities. Myanmar, one of the world's lowest income countries, had been hit by a 7.7 magnitude earthquake leaving people in urgent need of food, water and shelter.

The fundraising began with a series of Lent Lunches in March & April.

Collections were made at services at Broughton Mills and Ulpha during Christian Aid Week in May. Almost £100 was collected for Christian Aid.

Although the popular Saturday Plant Sale moved to a new venue in the Parsonage Room, there was still the fabulous selection of vegetable and flower plants. And somehow space was squeezed in to provide the obligatory tea, coffee and cake.

Huge thanks to all those who grew plants especially for the day and helped with the setting-up and plant labelling! Thanks also to the cake bakers and the people who served the refreshments. As a result of these endeavours we raised a magnificent £775.

The collecting tin, always available at Broughton Village Bakery, raised another £50.70.

Thank you to everyone who, in whatever way, contributed to Christian Aid this year, because of you were able to send £1,241 in total to the charity.

Jennifer Salder, Treasurer, Broughton and the Valleys Christian Aid Group



Rev'd Victoria Sekasi Priest in Charge M: 07453 930536

tkbdchurches@gmail.com

Am at my desk, Monday, Tuesdays and Fridays





Benefices of The Duddon Estuary. Comprising the Parishes of Kirkby Ireleth, Broughton & Duddon and Thwaites

We have recently celebrated Pentecost Sunday within the church calendar. Pentecost Sunday is the birthday of the church, which began over 2000 years ago. We celebrate the long-promised Holy Spirit (presence of God) coming and filling those first followers of Jesus and us today. After Pentecost I enjoy studying the book of Acts and I especially love this passage from Acts 2:42-43, 'All the believers devoted themselves to the apostles' teaching, and to fellowship, and to sharing in meals (including the Lord's Supper), and to prayer. A deep sense of awe came over them all, and the apostles performed many miraculous signs and wonders. This passage is the spiritual blueprint for followers of Jesus.

I have been reflecting on the deep sense of awe the first followers experienced and how God inspires awe and wonder today. The education team in the Diocese of Carlisle are working with groups of children in primary and secondary schools to respond to the emotion of wonder through the arts, poetry and dance.

They write this: 'Wonder is the emotion that we feel when we glimpse or sense something that lies just beyond our current understanding. People studying the emotion of wonder have found it often arises from one or more of these experiences:

- other people's courage, kindness or strength
- a special moment in a shared experience with a group of people
- the natural world
- the birth of a child or passing of a loved one
- music
- Art
- a spiritual or religious experience
- a surprising moment of awareness

The feeling of wonder often leads to curiosity. We ask questions and want to find out more about ourselves, other people, the natural world or what might be above and beyond us."

Recently as a family we have had the amazing opportunity of visiting friends in Zimbabwe. One of our friends is an Orthopaedic surgeon and works at CURE Zimbabwe, which provides free orthopaedic care for disabilities such as clubfoot, bowed legs, and knock knees to children regardless of their economic status. We experienced awe and wonder when we met the children, parents and medical staff who all were people of courage, compassion and strength.

Whilst we were in Zimbabwe, we were filled with wonder at all the animals we encountered in their natural environment such as giraffes, zebras, elephants, hippos, crocodiles and more. We had the privilege of visiting one of the natural wonders of the world, Victoria Falls, whilst watching the sun rise and that filled us all with such wonder at God's beautiful creation. In the psalms it says this: 'Those who live at the ends of the earth stand in awe of your wonders. From where the sun rises to where it sets, you inspire shouts of joy.' Psalm 65:8

We can so easily be robbed of having that time to stop and wonder in our hurried world. I wonder when was the last time you stopped in genuine awe and wonder? Why not today have a moment to think about those experiences above and stop and wonder. May that moment inspire you and give you renewed life, hope and joy today.

Revd. Vic Sekasi

Broughton Diary



July

2 Post Office Community Meeting: 7pm, Victory Hall

2 Broughton Mills, Woodland & Foxfield WI: 7.30pm, Woodland Parish Room

6 Dry stone walling for beginners (see pg7)

6 Fundraising 7 Mile Run: 10.15am,

Haverigg (see page 4)

8 DPC Drop-in: 10.45—12noon, Square Cafe

8 Ulpha and Seathwaite WI: 7.30pm, Browfoot Room, Ulpha

10 Craft Club: 7.30pm, Grizebeck Community Hall

12 BSA and Lakeland Orienteering Club event: 1.30pm, Broughton School **13** Open Garden: 11am—4pm, Border Riggs

18 Quiz Night: 7.30pm, Grizebeck Community Hall

18 Film Club: 7.30pm, Victory Hall **20** Coniston Country Fair, 11.30am,

Coniston Hall 23 Music in the Square: 6.30 pm, Broughton Square

23 DVLHG AGM & Talk: 7.30pm, Victory Hall

24 Duddon Parish Council Meeting: 7.30 pm, Rankin Room, Victory Hall 26 Pat Jordan & Finian's Rainbow: 7.15pm, Browfoot Room

26 Askam Town Silver Band: 7pm, St George's Church Millom (see page 10)

August

1 Charter Day: 12 noon, Broughton Square 1 Duck Race: 6pm, Woodland Parish Room

6 Music in the Old Kings Head: 6.30pm

12 Open Gardens Ladyhall: 1-4pm **20** Music in the Square: 6.30 pm,

Broughton Square

30 Millom and Broughton Show

30 Medieval Fayre: 10am-5pm, Furness Abbey.

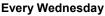
www.furnessabbeyfellowship.org/medieval-fair-2025/

31 CGP Trust Funding, Closing Date for Applications

REGULAR EVENTS

Every Tuesday

Coffee Morning, 10.30am, Square Café



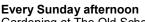
QI Movement, 6.30pm, Browfoot Room, Bring own mat. Cost £9 E: sabine.kovats@gmail.com



Every Thursday Coffee, Cake 'n Chat: at Pop Up Post Office, 1—3pm, Browfoot Room, Ulpha

Every Thursday

Thursday Runners, 6.30-7.30pm. Meet Broughton Park.



Gardening at The Old School House, Ulpha Bridge, weather permitting



Benefice of The Duddon Estuary

Comprising the parishes of Kirkby Ireleth, Broughton & Duddon and Thwaites



Church Services July

St Cuthbert's Kirkby at 9.30am

Sunday 6th — Service of the Word Sunday 13th—Holy Communion Sunday 20th — Service of the Word Sunday 27th — Holy Communion

St Mary Magdalene, Broughton at 10am

Sunday 6th —Holy Communion Sunday 13th —Morning Prayer Sunday 20th — Café Church Sunday 27th — Celtic Worship

Duddon Valley Churches St John the Baptist, Ulpha

1st Sunday (6th) — 3pm, Family Service 3rd Sunday (20th) — 6pm Evening Prayer

Holy Trinity, Seathwaite Evening Service on 5th Sunday only at 6pm

Woodland St John the Evangelist

2nd Sunday (13th) —6pm Evensong 4th Sunday (27th) — 6pm, Songs of Praise

Thwaites St Anne at 11.30am

2nd Sunday (13th)— Family Worship 4th Sunday (27th)—Family Worship

Midweek Services

Holy Innocents, Broughton Mills Wednesdays 10am — Morning Prayer 1st Wednesday Holy Communion

The **Methodist** Church Services

Kirkby in Furness, Marshside
11am Morning Service,
1st, 3rd, 4th & 5th Sundays
6pm Service with Communion
on 2nd Sunday

Millom, Queen Street
11am Every Sunday

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Wednesday 5.00pm Sunday Mass 10.30am

Sacred Heart RC Church, Coniston

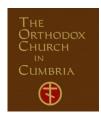
Thursday 10am Saturday Vigil Mass 5pm

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> 1st & 3rd Friday 2pm – 4pm Parsonage Room